



# NOPANY HIGH

(I.C.S.E. & I.S.C Affiliated)  
2-C, Nando Mullick Lane, Kolkata - 700006

## Syllabus

Academic Session: (2024-2025)

Class: VII (Unit –I)

### SUBJECT : English Language

**Textbook Name : Burlington English Grammar for ICSE schools**

**Publisher : Burlington English**

MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
<b>April'24</b>	1.Nouns: Number and Gender	<b>3</b>	
	Class Test	1	
	2. Adjectives and Adverbs	3	Worksheet will be provided
	Class Test	1	
	3. Essay writing	1	Activity
	Class Test		
<b>May'24</b>	1.Letter Writing ( Informal and Formal)	<b>2</b>	
	Class Test	1	
	2. Simple present tense	2	Worksheet will be provided
	Class Test	1	
	3. Simple Past tense	2	Activity
	Class Test		
<b>June'24</b>	1.Kinds of Sentences	<b>3</b>	
	Class Test	1	
	2. Pronouns	3	Worksheet will be provided
	Class Test	1	
		3	Activity
<b>July'24</b>	<b>1. Comprehension</b>	<b>3</b>	<b>Worksheets will be provided</b>
	<b>2.Chapters 4 and 5</b>	<b>3</b>	
	<b>3.Participles</b>	<b>3</b>	
<b>August24</b>	1. Notice Writing	3	<b>Worksheet will be provided</b>
	2.Modals	2	
	3. The Future Tense	2	
	4.Causatives	2	
	Class Test	1	

**SUBJECT : English Literature****Textbook Name : 1. 21st Century English for ICSE Schools 2. Sherlock Holmes****Publisher : Burlington**

<b>MONTH</b>	<b>TOPIC</b>	<b>NO. OF PERIODS</b>	<b>WORKSHEETS/ACTIVITY</b>
<b>April'24</b>	1. The Lottery Ticket	<b>5</b>	
	2. Chapter 1 from Sherlock Holmes	2	
	3. Language lab	1	<b>26th April 20240</b>
	4. Class Test	1	<b>Worksheet will be provided</b>
<b>May'24</b>	1. Indian Weavers	5	
	2. Chapter 2 from Sherlock Holmes	2	
	3. Language lab	1	17th May 202400
<b>June'24</b>	1. Monday Morning	5	
	2. Chapter 3 from Sherlock Holmes	1	
	3. Class test	1	Worksheet will be provided
<b>July'24</b>	1. Leisure	<b>5</b>	
	2. Chapter 3 from Sherlock Holmes	1	
	3. Chapter 4 from Sherlock Holmes	2	<b>Worksheet will be provided</b>
	4. Class test	1	
	5. Language lab	1	<b>26th July 2024</b>
<b>August24</b>	1. Chapter 5 from Sherlock Holmes	2	
	2. Language lab	1	<b>23rd August 2024</b>
	3. Class test	1	<b>Worksheet will be provided</b>
	4. Pending work (if any) and Revision	9	
<b>Project</b>	On the poem Leisure		<b>Submission date: 3rd July 2024</b>

**Note: The above mentioned no. of periods may vary**

**SUBJECT : Mathematics****Textbook Name : ICSE Understanding Mathematics (class 7)****Author : M L Agarwal****Publisher : AVICHAL PUBLISHING COMPANY**

<b>MONTH</b>	<b>TOPIC</b>	<b>NO.OF PERIODS</b>	<b>WORKSHEETS/ACTIVITY</b>
<b>April'24</b>	1. Integers	4	Worksheet will be provided
	Class Test	1	
	2. Fractions and Decimals	5	Worksheet will be provided
	Class Test	1	
	3. Rational Numbers	3	Worksheet will be provided
	Class Test	1	
	4. Exponents	3	Worksheet will be provided
	Class Test	1	
<b>May'24</b>	5. Ratio And Proportion	3	Worksheet will be provided
	Class Test	1	
	Project Discussion	1	
	6. Percentage and its Applications	3	Worksheet will be provided
	Class Test	1	
<b>June'24</b>	8. Algebraic Expressions	3	Worksheet will be provided
	Class Test	1	
<b>July'24</b>	9. Linear Equations and Linear Inequalities	2	Worksheet will be provided
	Class Test	1	
	10. Lines & Angles	3	Worksheet will be provided
	Class Test	1	
<b>August24</b>	11. Triangles	4	Worksheet will be provided
	Class Test	1	
	15. Visualising Solid Shapes	3	Worksheet will be provided
	Class Test	1	
<b>Sep'24</b>	REVISION		

(The above mentioned periods are approximate)

**SUBJECT : Hindi 2<sup>nd</sup> language**

Textbook Name :मधुश्री  
 Author :मधुबन संपादक मंडल  
 Publisher : मधुबन एडुकेशनल बुक्स

MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1.( क ) आत्म चिंतन ( ख ) देश गीत ( कविता )	4	LPQ will be Provided
	Class Test	1	
	2. मेरा बचपन	4	LPQ will be provided
	Class Test	1	
	3. भाषा, लिपि और व्याकरण	4	Activity
	Class Test	1	
	5. Revision		
May'24	1. सयानी बुआ	4	LPQ will be Provided
	Class Test	1	
	2. वर्ण विचार	3	LPQ will be provided
	Class Test	1	
	Revision		
June'24	1 आश्रम की स्थापना	4	LPQ will be Provided
	Class Test	1	
	2. संज्ञा	3	Activity
	Class Test	1	
	3. लिंग	2	

	4. विलोम Class Test Revision	1 1 1	
July'24	1. अंतिम कक्षा	4	LPQ will be Provided
	Class Test	1	
	2. कुञ्जलियां	4	Project
	Class Test	1	
	3. वचन	2	Activity
	Class Test	1	
	4. पर्यायवाची शब्द	2	Activity
	Class Test	1	
	5. सर्वनाम	4	LPQ will be Provided
	Class Test	1	
	6. अपठित गद्यांश	1	
	7. पत्र लेखन	2	
	Revision		
August'24	1.बाना जसवंत	4	LPQ will be Provided / Drama
	Class Test	1	
	2. भैंस	4	LPQ will be Provided
	Class Test	1	
	3. विशेषण	2	Activity
	Class Test	1	
	4. पत्र लेखन	2	
Class Test	1		
	5. निबंध	2	
	6. मुहावरे	2	Project
	Class Test	1	
	7. अपठित गद्यांश	1	

SUBJECT : Bengali			
Textbook Name : বাংলা সাহিত্য & ব্যাকরণ সাহিত্য			
Author : ডঃ অমল পাল			
Publisher : ছায়া প্রকাশনী			
MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1. আর্কিমিডিসের আবিষ্কার	4	LPQ
	2. বাংলা ভাষার শব্দ	2	Board work/ worksheet
	3. Class Test	1	Worksheet will be provided
	4. রচনা (আত্মকথা মূলক)	2	group discussion
	5. সংখ্যা বাচক ও পূরণবাচক	2	Board work
May'24	1. পত্র লিখন	2	worksheet
	2. বোধ পরীক্ষণ	1	worksheet
	3. Class Test	1	Worksheet
	4. project explanation	1	verbal/ board work
June'24	1. রচনা (বিজ্ঞান বিষয়ক)	2	group discussion
	2. দিন ফুরালে	3	LPQ
	3. Class test	1	Worksheet
July'24	1. এক কথায় প্রকাশ	2	Board work, group discussion
	2. অত্রি মুনির আশ্রমে	4	LPQ, Song
	3. Class test	1	worksheet
	4. রচনা	2	অভিজ্ঞতা বিষয়ক
	5. বাগ্ ধারা	2	group discussion
August'24	1. অপচয়	3-4	LPQ
	2. বিপরীতার্থক শব্দ	2	group discussion, Board work
	3. এখানে আকাশ নীল	3-4	LPQ
	4. Class test	1	Worksheet

SUBJECT : Computer			
Textbook Name : TouchPad			
Publisher : Orange Education			
MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1. Computer – Hardware Components	2	Worksheet will be provided
May'24	1. Chapter 1: Computer – Hardware Components (Cont.)	3	Worksheet will be provided
	Class Test(Theory)	1	
June'24	2. Chapter 2: Number System	3	Worksheet will be provided
	Class Test(Theory)	1	
July'24	3. Chapter 3:	4	Lab Activity

	Spreadsheets- An Introduction		
	Project Discussion	1	
	Class Test(Practical)	1	
	4. <b>Chapter 4:</b> More on Spreadsheets	2	<b>Lab Activity</b>
<b>August'24</b>	5. <b>Chapter 4:</b> More on Spreadsheets (Cont.)	<b>5</b>	<b>Lab Activity</b>
	Class Test(Practical)	1	
	6. <b>Chapter 3:</b> Computer Virus	4	Worksheet will be provided
<b>Sept'24</b>	REVISION		

### SUBJECT : PHYSICS

**Textbook Name : Selina Concise Physics – Middle School for Class 7**

**Author : S.S. Shome, R.P. Goyal**

**Publisher : Selina Publishers Private Limited**

MONTH	TOPIC	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1.Physical Quantities and Measurement	5	Worksheet will be provided
	Class Test	1	
May'24	2.Motion	5	Worksheet will be provided
	Class Test	1	
June'24	3.Energy	5	Worksheet will be provided and Activity
	Class Test	1	
July'24	4.Light Energy	5	Worksheet will be provided and Activity
	5.Heat	3	
	Class Test	1	
August'24	5. Heat	2	Worksheet will be provided
	Revision	6	
	Class Test	1	
Project	Energy/ Reflection (will be discussed in class)		

\*\* ( The above mentioned periods are approximate)

**SUBJECT :Chemistry****Textbook Name : Concise Chemistry****Author : Namrata****Publisher : Selina Publishers**

MONTH	TOPIC	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1.Matter and its Composition	6	Worksheet will be provided
May'24	1.Matter and its Composition	4	Worksheet will be provided
	Class Test	1	Project
June'24	2. Physical and Chemical Changes	4	
	Class Test	1	
July'24	3.Elements,Compounds and Mixtures	6	Worksheet will be provided
	Class Test	1	
August24	4.Atomic Structure	4	Worksheet will be provided
	Class Test	1	

**Note**

- The above mentioned periods are approximate.
- The last week before exam will be a revision week

**SUBJECT : BIOLOGY****Text Book : Concise Biology – Middle School for Class 7****Publisher : Selina Publishers Private Limited****Author : Dr. K.K Gupta**

MONTH	TOPIC	NO.OF PERIODS	WORKSHEETS/ACTIVITY
April'24	<b>Chapter 1:</b> Plant and Animal tissues	3	Worksheet will be provided
	Class Test	1	
	<b>Chapter 5:</b> Excretion in Humans	2	Worksheet will be provided
May'24	<b>Chapter 5:</b> Excretion in Humans	4	Worksheet will be provided
	Class Test	1	
	Project Discussion	1	
June'24	<b>Chapter 2:</b> Classification of Plants	4	Worksheet will be provided Activity.
	Class Test	1	

	<b>Chapter 3:</b> Classification of Animals	2	
<b>July'24</b>	<b>Chapter 3:</b> Classification of Animals	6	Worksheet will be provided Activity.
	Class test	1	
<b>August24</b>	<b>Revision</b>	7	Worksheet will be provided
<b>*The no of periods mentioned above are approximate.</b>			

<b>SUBJECT : HISTORY</b>			
<b>Textbook Name : Frank Modern Certificate HISTORY AND CIVICS (Class 7)</b>			
<b>Author : SUCHARITA BASU</b>			
<b>Publisher : Frank bros. &amp; Co.</b>			
<b>MONTH</b>	<b>TOPIC</b>	<b>NO.OF PERIODS</b>	<b>WORKSHEETS/ACTIVITY</b>
<b>April'24</b>	<b>CH- 1</b> Medieval Europe – Rise and spread of Christianity	4	Worksheet will be provided
	Class Test	1	
	<b>CH-2.</b> Rise and Spread of Islam	3	Worksheet will be provided
<b>May'24</b>	<b>CH-2.</b> Class Test	1	
	<b>CH-3.</b> The Turkish Invasions	4	Activity/Worksheet will be provided
	Class Test	1	
<b>June'24</b>	<b>CH-4</b> The Delhi Sultanate – The Mamluk Dynasty	3	Worksheet will be provided
	Class Test	1	
	<b>CH-5</b> The Delhi Sultanate – The Khalji Dynasty	3	Worksheet will be provided
	Class Test	1	
<b>July'24</b>	<b>CH-6</b> The Tughlaq, the sayyid and the Lodi Dynasties	5	Activity/Worksheet will be provided
	Class Test	1	
<b>August24</b>			
	<b>CH- 14</b> The Constitution of India	6	Activity/Worksheet will be provided



	Class Test	1	
	Revision		
<b>Project</b>	<b>Modern Features in Sustainable development</b>		

### SUBJECT : GEOGRAPHY

**Textbook Name : TRAVERSE GEOGRAPHY FOR ICSE ( CLASS -7)**  
**Author : BARUNA ROY CHOWDHURY**  
**Publisher : MADHUBUN EDUCATIONAL BOOKS**

MONTH	TOPIC	NO.OF PERIODS	WORKSHEETS/ACTIVITY
<b>April'24</b>	1. Practical Geography	<b>5</b>	<b>Worksheet will be provided for the mentioned chapter</b>
	2. Map work – Europe, physical map(Mountains & peaks)	<b>2</b>	
	3. Project work ( Manufacturing Industries)	<b>2</b>	
	Class Test	<b>1</b>	
	Smart class	<b>1</b>	
<b>May'24</b>	1. Atmosphere	<b>6</b>	<b>Worksheet will be provided for the mentioned chapter</b>
	2. Map work- Europe ( physical division)	<b>2</b>	
	Class Test	<b>1</b>	
	Smart class	<b>1</b>	
<b>June'24</b>	1. Manufacturing Industries	<b>5</b>	<b>Worksheet will be provided for the mentioned chapter</b>
	Class Test	<b>1</b>	
	Smart class	<b>1</b>	
<b>July'24</b>	1. Europe ( location, political & physical features)	<b>7</b>	<b>Worksheet will be provided for the mentioned chapter</b>
	2. Map work – Europe ( Water Bodies)	<b>2</b>	
	3. Map work- Europe ( Climate	<b>2</b>	
	4. Europe ( special Spread )	<b>2</b>	
	Class Test	<b>1</b>	
	Smart Class	<b>2</b>	
	Map Test	<b>2</b>	
<b>August24</b>	1. Antarctica	<b>6</b>	<b>Worksheet will be provided for the mentioned chapter</b>
	2. Map Work- Europe ( Natural Vegetation)	<b>2</b>	

	Class Test	1	
	Map Test	1	
	Smart Class	1	
	Revision for Unit – I examination	3	
<b>September’ 24</b>	Revision for Unit – I examination	4	
<ul style="list-style-type: none"> <li>• <b>Note : All mentioned periods are approximate.</b></li> </ul>			

**SUBJECT: PHYSICAL AND HEALTH EDUCATION**

<b>MONTH</b>	<b>TOPIC</b>	<b>NO. OF PERIODS</b>	<b>ACTIVITY</b>
<b>April’24</b>	1. FITNESSGRAM	3	<ul style="list-style-type: none"> <li>• FREE HAND EXERCISES</li> </ul>
	Class Test	1	
	2. CRICKET	3	<ul style="list-style-type: none"> <li>• RULES RAGULATIONS</li> <li>• TECHNIQUES AND SKILLS</li> </ul>
	Class Test	1	
<b>May’24</b>	1. FITNESSGRAM	3	<ul style="list-style-type: none"> <li>• FREE HAND EXERCISES</li> </ul>
	Class Test	1	
	2. BADNINTON	3	<ul style="list-style-type: none"> <li>• RULES RAGULATIONS</li> <li>• TECHNIQUES AND SKILLS</li> </ul>
	Class Test	1	
<b>June’24</b>	1. MASS DRILL & FITNESSGRAM	3	<ul style="list-style-type: none"> <li>• CALLISTHENICS, AEROBICS &amp; YOGA.</li> </ul>
	Class Test	1	
	2. BASKET BALL	3	<ul style="list-style-type: none"> <li>• RULES RAGULATIONS</li> <li>• TECHNIQUES AND SKILLS</li> </ul>
	Class Test	1	
<b>July’24</b>	1. MASS DRILL & FITNESSGRAM	3	<ul style="list-style-type: none"> <li>• CALLISTHENICS, AEROBICS &amp; YOGA.</li> </ul>
	Class Test	1	
	2. FOOTBALL	3	<ul style="list-style-type: none"> <li>• RULES RAGULATIONS</li> <li>• TECHNIQUES AND SKILLS</li> </ul>
	Class Test	1	

August'24	1. MASS DRILL & FITNESSGRAM	3	<ul style="list-style-type: none"> <li>• CALLISTHENICS, AEROBICS &amp; YOGA.</li> </ul>
	Class Test	1	
	2. TABLE TENNIS, CHESS & CARROM	3	<ul style="list-style-type: none"> <li>• RULES RAGULATIONS</li> <li>• TECHNIQUES AND SKILLS</li> </ul>
	Class Test	1	

### SUBJECT : Hindi 3 Rd Language

Textbook Name : नूतन सरल हिन्दी माला  
Author : कविता बसु  
Publisher : गोयल ब्रदर्स प्रकाशन

MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1. नियम ( कविता)	3	Worksheet will be provided
	Class Test	1	
	2. ओली और पोली	4	Worksheet will be provided
	Class Test	1	
	Revision	1	
May'24			
	1. नटखट बंदर	4	Worksheet will be provided
	Class Test	1	
	Revision	1	

June'24	1. मेहनत का फल Class Test	4 1	LPQ will be provided
	2. बगुले की बुद्धिमानी Class Test	4 1	Worksheet will be provided
	3. Revision	1	
July'24	1. हमारे त्योहार Class test	3 1	Activity
	2. सुलेख Class Test	1 1	Activity
	3. Revision	1	
August24	1. मोर Class Test	4 1	LPQ will be provided
	2. विलोम शब्द Class Test	1 1	
	3. पर्यायवाची शब्द Class Test	1 1	Worksheet will be provided
	4. Revision	1	

**SUBJECT : BENGALI (3rd Language )**

<b>Textbook Name</b> : सहज पाठ (प्रथम भाग)			
<b>Author</b> : रवीन्द्रनाथ ठाकुर			
<b>Publisher</b> : कथा ও কাহিনী প্রকাশনী প্রা. লি.			
MONTH	TOPIC	NO. OF PERIODS	WORKSHEETS/ACTIVITY
April'24	1. पुनरालोचना (revision)	1	Board work
	2. द्वितीय एकक (नाम तार मोतिबिल)	1	पाठ/ आलोचना
	3. प्रश्नोत्तर	1	Board work
May'24	1. शून्यस्थान पूरण, ठिक जुल निर्वाचन	2	पाठ, आलोचना
June'24	1. प्रबन्ध रचना (वर्षाकाल)	1	आलोचना, Board work
	2. चतुर्थ पाठ- प्रथम एकक	2	पाठ, आलोचना
	3. प्रश्नोत्तर	2	Board work
	4. शून्यस्थान पूरण, ठिक जुल निर्वाचन	2	पाठ, आलोचना
	5. Class Test	1	Copy
July'24	1. दुर्गापूजा (प्रबन्ध)	2	आलोचना, Board work
	2. प्रथम पाठ (द्वितीय एकक)	2	कविता पाठ, आलोचना, smart board
	3. शून्यस्थान पूरण, ठिक जुल निर्वाचन	2	पाठ, आलोचना
August24	1. षष्ठ पाठ (प्रथम एकक)	1	पाठ, आलोचना
	2. प्रश्नोत्तर	2	Board work
	3. शून्यस्थान पूरण, ठिक जुल निर्वाचन	2	पाठ, आलोचना
	4. Oral exam	2	-

<b>SUBJECT : Dance</b>		
<b>MONTH</b>	<b>TOPIC</b>	<b>NO. OF PERIODS</b>
<b>April'24</b>	<b>1. DANCE</b>	--
	KHOROBAYU BOYE	3
	AMRA SOBAI RAJA	3
	<b>2. YOGA</b>	3
	Class Test	1
<b>May'24</b>	<b>1. DANCE</b>	--
	ACHENA BAISHAKH	3
	MUDRA( asamyukta hasta) ( samyukta hasta)	3
	<b>2. YOGA</b>	3
	Class Test	1
<b>June'24</b>	<b>1.DANCE</b>	--
	FOLK DANCE	3
	CREATIVE DANCE	3
	<b>2. YOGA</b>	3
	Class Test	1
<b>July'24</b>	<b>1.DANCE</b>	--
	HARE RERE	3
	TATTA ADAVU( 4)	3
	<b>2. YOGA</b>	3
	Class Test	1
<b>August'24</b>	<b>1.DANCE</b>	--
	PRANO BHORIYE	3
	<b>2. YOGA</b>	3
	Class Test	1

<b>SUBJECT : Music</b>		
<b>MONTH</b>	<b>TOPIC</b>	<b>ACTIVITY DONE</b>
<b>April'24</b>	Esho Hey Boisakh	Activity
<b>May'24</b>	Kotobaro Vebechinu with English version	Activity
<b>June'24</b>	Hey Dukh Bhanjana	Activity
<b>July'24</b>	I Love My Country	Activity
<b>August24</b>	Tri Colour Song	Activity

**SUBJECT : Art & Craft****Textbook Name : Little Bear Creative Art & Craft –7****Author : Monika Verma & Jayesh Seth****Publisher : Turtle Books**

<b>MONTH</b>	<b>Art &amp; Craft</b>	<b>NO.OF PERIODS</b>	<b>WORKSHEETS/ACTIVITY</b>
<b>April'24</b>	1.Drawing with shapes	1	Shading with colour pencils
	2. Perspective	1	Explanation
	3. Silhouette	1	Painting with poster colours
	10. Bengal Art	2	Explanation
<b>May'24</b>	4.Still Life	1	Painting with water colours
	Class Test	1	Colouring
	5. Still Life	2	With Oil pastels
<b>June'24</b>	6. Leaves	1	Shading with colour pencils
	7. Desert	1	Painting with water colour
	Class Test	1	shading
	8. Hillside Composition	1	Sketching with pen
<b>July'24</b>	1. Pen Holder (Craft)	2	With Ice cream sticks
	9. An Auto Rickshaw	1	Painting with poster colours
	Class Test	1	Colouring
<b>August'24</b>	2. Wall Hanging	1	With Egg Cartoon
	11. Raja Ravi Varma	2	Explanation
	Class Test	1	Colouring